

“What Does the Bible Say About Sex?”

God created sex to be much more than a physical act. His plan is perfect, but we have failed in so many ways. Nonetheless, there is grace and forgiveness in Jesus Christ.

NOTE FOR PARENTS: This sermon is not appropriate for young children under 12 years of age.

- 90% of 8- to 16-year-olds have viewed pornography online.
- Average age of first exposure is 11 years old.
- 70% of television shows have some sexual content, averaging five scenes per hour.
- 65% of high school seniors have had intercourse.
- 23-25% have had oral sex.

I. The Plan: What God Intends for Sex

A. Marriages That Reflect Christ’s Love

The man gave names to all livestock and to the birds of the heavens and to every beast of the field. But for Adam there was not found a helper fit for him. So the Lord God caused a deep sleep to fall upon the man, and while he slept took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man.

Then the man said, “This at last is bone of my bones and flesh of my flesh; she shall be called Woman, because she was taken out of Man.” Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. And the man and his wife were both naked and were not ashamed.

—Genesis 2:20–25

In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, because we are members of his body.

“Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.” This mystery is profound, and I am saying that it refers to Christ and the church. However, let each one of

you love his wife as himself, and let the wife see that she respects her husband.

—Ephesians 5:28–33

B. Children Who Love Jesus

And God blessed them. And God said to them, “Be fruitful and multiply and fill the earth and subdue it and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth.”

—Genesis 1:28

Behold, children are a heritage from the Lord, the fruit of the womb a reward. Like arrows in the hand of a warrior are the children of one’s youth. Blessed is the man who fills his quiver with them! He shall not be put to shame when he speaks with his enemies in the gate.

—Psalm 127:3–5

II. The Problem: How We Have Gotten It Wrong

A. Sex Outside of Marriage

Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous.

—Hebrews 13:4

For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor, not in the passion of lust like the Gentiles who do not know God; that no one transgress and wrong his brother in this matter, because the Lord is an avenger in all these things, as we told you beforehand and solemnly warned you.

For God has not called us for impurity, but in holiness. Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you.

—1 Thessalonians 4:3–8

Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

—1 Corinthians 6:18–20

B. Pornography and Lust

“You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.”

—Matthew 5:27–28

C. Homosexuality

D. Selfishness (Philippians 2:5-11)

III. The Solution: Reclaiming Godly Sexuality

- Pursue Jesus.
- Realign your perspective of sex.
- Seek accountability.
- Take radical steps if necessary.
- Take advantage of resources (xxxchurch.com, x3pure.com).

Victory and purity are possible in Jesus Christ!