

“Pray Like Jesus - Part 1”

As we study the prayer life of Jesus (the attitudes, actions, and habits that guided His prayers) four characteristics stand out. First, Jesus often let prayer trump sleep even though He knew better than we do how much our bodies need rest. Second, Jesus loved to pray in the wilderness, in a place free of the distractions of life. Third, Jesus prayed with perseverance and repetition; asking for something once simply was not enough for Jesus. Finally, Jesus prayed as if He believed that heaven and hell were on the line; as if He believed that prayer could actually change things in eternally significant ways.

Observing Jesus’ Prayer Life

1. He often let prayer trump sleep

Mark 1:35

In the early morning, while it was still dark, Jesus got up, left the house, and went away to a secluded place, and was praying there.

Matthew 14:23,25

After He had sent the crowds away, He went up on the mountain by Himself to pray; and when it was evening, He was there alone... And in the fourth watch of the night He came to them, walking on the sea.

Luke 6:12

It was at this time that He went off to the mountain to pray, and He spent the whole night in prayer to God.

2. He loved to pray in the wilderness

Luke 5:16

But Jesus Himself would often slip away to the wilderness and pray.

- Find your wilderness
- Protect your wilderness

3. He persevered in prayer

- His teaching: Luke 18:1-8
- His example: Matthew 26:39-44

4. He prayed as if eternity were at stake

John 6:44

"No one can come to Me unless the Father who sent Me draws him; and I will raise him up on the last day."

John 6:37

"All that the Father gives Me will come to Me, and the one who comes to Me I will certainly not cast out."

- Matthew 9:36-38
- God is sovereign AND our prayers are essential